

Mountains are parts of land that rise more or less abruptly above the surrounding land and reach great heights. Temperatures fall with increase in height so, mountains experience a cold climate. It is due to this reason that their peaks remain snow-covered and hill stations feel relatively cooler as compared to the plains.

### Mountain Ranges

We can divide the Himalayas into three regions. They run parallel to each other.

1. The Great Himalayas or the Himadri
2. The Lesser Himalayas or the Himachal
3. The Lower Himalayas or the Shivalik

### Life in the Northern Mountains

The living condition in this region is diversified. It is well adjusted with the climatic conditions. This region includes Jammu & Kashmir, Ladakh, Himachal Pradesh, Uttarakhand, Sikkim, West Bengal and North Eastern States. The geographical location and natural beauty of this region attracts tourists from all over the world.

Answer the following questions:

(A) Find the meaning of these words:

Mountain, snow, abruptly, Temperature, Climate

(B) Write short notes on the following!

(i) The Northern Mountains (ii) The Shivalik